

**Past Retreats Sponsored by the AWOSJ**

- May 1993 **Mat. Juliana Schmemmann**  
“Now Lay Aside All Earthly Cares”
- June 1995 **Mother Nektaria**  
“Prayer and the Monastic Life”
- April 1996 **Mother Gabriella**  
“Becoming Secret Monastics  
for Christ”
- November 1996 **Mother Cassiana**  
“The Theotokos: The Model for  
Our Lives”
- February 1997 **“Within These Walls”**  
(workshops and talks led by eight  
women from St. John)
- November 1997 **Mother Nektaria**  
“The Saints in Our Lives”
- November 1998 **Fr. Demetrios Carellas**  
“Worship as the Center of Our  
Lives”
- November 1999 **Fr. Chad Hatfield**  
“Finding Our Voice...With Help  
From the Old Testament Prophets”
- November 2000 **Mother Victoria**  
“The Kingdom of Blessing”
- November 2001 **Fr. John Bethancourt**  
“Lessons of Joy from the Book  
of Job”
- September 2002 **Fr. Paul Hodge**  
“Reflections on  
Holy Communion”
- September 2003 **Mother Cassiana**  
“The Church’s Paths to Salvation:  
Whose Feet Do You Wash?”
- September 2004 **Fr. Anthony Miller**  
“Thank God for Everything:  
Exploring Spiritual Maturity  
Through the Lives of the Saints”
- September 2005 **Mother Gabriella**  
“Spiritual Healing”
- September 2006 **Mother Melania**  
“Virtues, Passions and the Healing  
of the Soul”
- January 2008 **Fr. Paul O’Callaghan**  
“Feast of Friendship”
- January 2009 **Fr. Stephen Rogers**  
“Rediscovering the Divine Liturgy”
- November 2009 **Fr. Stephen Freeman**  
“The Emptiness of God”

Saint John Orthodox Church  
1663 Tutwiler Avenue  
Memphis, TN 38107

**Annual Women’s Retreat  
November 12–13, 2010**

*“Prayer, Imagination,  
and the Name of Jesus”*



**Subdeacon Joshua Armitage**  
St. George Cathedral  
Wichita, KS

**Sponsored by  
Antiochian Women of  
St. John Orthodox Church**  
1663 Tutwiler Avenue, Memphis, TN 38107  
901-274-4119  
[www.stjohnmemphis.org](http://www.stjohnmemphis.org)

## Retreat Schedule

### Friday, November 12

- 5:00 p.m. Check-in begins
- 6:00 p.m. Vespers
- 6:45 p.m. Dinner
- 7:30 p.m. *"The Discipline of Prayer"*
- 8:30 p.m. Compline

### Saturday, November 13

- 8:00 a.m. Akathist
- 8:30 a.m. Breakfast
- 9:15 a.m. *"The Imagination and Intrusive Thoughts"*
- 10:15 a.m. Coffee Break
- 10:30 a.m. *"Prayer of a Single Thought"*
- 11:30 a.m. Break
- 11:45 a.m. *"The Prayer of Jesus: Meaning and Practice"*
- 12:45 p.m. Lunch
- 1:30 p.m. *Closing Session*
- 2:15 Adjourn



## Location

Our fall women's retreat will be held at St. John Orthodox Church, 1663 Tutwiler Avenue, Memphis, Tennessee.

## Registration Fee/Deadline

In order to cover meals, refreshments and a few administrative costs, registration is \$35 with meals and \$15 without meals (refreshments included). We request that you send the attached registration form and your check for \$35/\$15 by **November 5** so that meals can be planned. **Checks should be made payable to St. John Orthodox Church with "AWSJ Retreat" in the subject line.**

## Meals

Dinner and light refreshments will be served on Friday night. Breakfast, lunch and a coffee break will be served on Saturday.

## Housing

**Out-of-town participants are encouraged to contact friends at St. John to arrange for housing for the retreat.** If you don't know anyone at St. John personally and would like for us to arrange accommodations in one of our parishioner's homes for you, this will be done on a first-come, first-served basis.

If we run out of room in our homes, or if you prefer to stay in a hotel, we recommend a hotel which is within five minutes of the church: Holiday Inn Express (see information below). Downtown Memphis hotels are available in varying price ranges within a 10–15 minute drive from the church. If you would like suggestions, please contact Trish Ratliff at [tratliff@stjohnmemphis.org](mailto:tratliff@stjohnmemphis.org) or 901-274-4119.

## Nearby Hotel

**Holiday Inn Express** – 1180 Union Avenue  
800-HAMPTON or 901-276-1175

At I-240 & Union Avenue East, on northeast side of Union and the highway (indicated on the area map by a white H in a black circle).

## Registration

**Deadline: November 5, 2010**

Please complete this page, cut on the dotted line and mail, along with your check, to:

**Trish Ratliff, Retreat Registrar**

**St. John Orthodox Church**

**1663 Tutwiler Ave., Memphis, TN 38107**

Name \_\_\_\_\_

Parish \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

**I am registering for:**

(Please check all that apply)

- Dinner (Friday)
  - Breakfast (Saturday)
  - Lunch (Saturday)
  - I do not wish to participate in meals
- Please list any special dietary restrictions:

\_\_\_\_\_

\_\_\_\_\_

## Housing

- I will make my own arrangements to stay in a home or hotel. (Some hotel information is included in this brochure.)
- I would like for you to make arrangements for me to stay in a home, if space is available. I understand that these accommodations are available on a first-come, first-served basis, and that I will be notified immediately as to availability.

**Questions?** Contact Sarah Hodges at [spodges@gmail.com](mailto:spodges@gmail.com) or 901-481-7218