

STOCK UP THE FOOD PANTRY FOR GREAT LENT!

Week 1: Mar. 14-20

*Canned meats:
Spam
Vienna Sausages
Canned chicken
Tuna

Week 2: Mar. 21-27

Peanut Butter (*creamy*)
Crackers

Week 3: Mar. 28- Apr. 3

*Canned Goods:
Soup (*Ready to eat*)
Veggies/ beans/fruit
Drinks/drink boxes

Week 4: Apr. 4-10

Dry Items
individual cereal boxes
oatmeal packets
granola bars or cereal bars
rice/beans
nabs

Week 5: Apr. 11-17

Toiletries
Toilet Paper
Toothpaste/toothbrush
Shampoo

Weeks 6: Apr. 18-24

*Canned meals:
Chef Boy R Dee
Chili
Mac n Cheese

** Many of the patrons of the food pantry are homeless and have no means with which to open cans and/or cook their food. When possible, please buy items with pop-tops that are ready to eat.*

***Please donate baby items to Birthright.*